

TREATMENT MENU

Set in the heart of the estate, our spa is closely linked to the gardens. We invite you to take a stroll around our beautiful medieval herb garden, connecting you to English history when natural remedies were an integral part of life. Touch, smell and lose yourself among the homegrown herbs and flowers.

Your herbal journey continues into the treatment room, with inspirations from our gardens woven into every step. From grounding foot soaks and aromatic inhalations to botanical-enriched oils, each element invites you to reconnect with nature - leaving you deeply restored and fully immersed in its embrace.



Orange Blossom



HAMMAM

Inspired by Turkish and Moroccan bathhouses, this steam-based ritual purifies the body and quiets the mind. Begin with an invigorating black soap cleanse, followed by a full-body exfoliation with a 'kessa' mitt, and a soothing rinse for a wonderful experience leaving you feeling revitalised, nourished and deeply relaxed.

ORANGE, HONEY & OLIVE

30 min. £105 / 60 min. £210 for couples*

An exfoliation ritual which envelops you in aromas of orange, neroli, olive and honey – leaving skin silken and spirit renewed.

**As a couple's treatment, you both receive a 30 min. treatment one after the other.*

TURKISH

60 min. £195

A rejuvenating experience rooted in the traditions of Hammams in Istanbul, complete with a hydrating milk & honey body mask and nourishing argan oil for your hair.

MOROCCAN

60 min. £195

Using authentic Moroccan products, from a renewing sugar scrub to an exfoliating balm, nourishing hair mask, and hydrating argan oil to leave you feeling truly refreshed.

TOP TO TOE

120 min. £295

The Moroccan treatment teamed with a relaxing facial to leave your skin purified, smooth and soft – the ultimate relaxing experience.



RASUL

Part of Arabian tradition for centuries, enjoy our self-led treatment designed to leave the skin smooth, deeply cleansed and nourished using an array of natural skincare. Begin with a full body scrub, complemented by mineral-rich face, hair and body masks while you unwind in your own private steam room.

We have curated three different types of rasul inspired by the estate to tailor to your needs.

30 min. £55 for one / 30 min. £110 for couples

ROMAN

Drawing inspiration from our Roman Villa and its abundance of rosemary, this rasul experience is designed to revitalise, purify, and rejuvenate, leaving you feeling energised and refreshed.

BOTANICAL

Infused with the delicate essences of rose and geranium, this treatment offers intense hydration. Your skin will be left nourished and silky smooth and your spirits lifted.

HARVEST

Using natural ingredients of apple, cucumber, honey and orange inspired by our agricultural heritage to enrich the skin and calm the senses.
The perfect contrast to the stresses of daily life.



Chamomile

REST

Soothe your body and mind with our deeply relaxing treatments designed to calm the nervous system and promote restful balance. From gentle massages to soothing facials, each experience invites you to slow down, unwind, and reconnect with a sense of inner peace.

WARM CANDLE MASSAGE

60 min. £175 / 90 min. £230

Using Lomi Lomi techniques (long, flowing strokes and deep-tissue massage) this full body treatment is gentle yet effective on tension, aches and pains, leaving you feeling nourished and well rested.

REFLEXOLOGY MASSAGE

60 min. £175

Working on pressure points on your feet to bring effective and soothing results for a variety of health-related goals that will leave you feeling more balanced.

RELAXING FULL BODY MASSAGE

60 min. £165 / 90min. £220

A gentle massage using flowing strokes, kneading and circular movements to calm the nervous system, ease away tension and aid better sleep.

NEW LIFE PRE-NATAL MASSAGE

60 min. £165

Soothing and relaxing massage techniques will provide you with that much needed time-out for your body. Suitable from the second trimester onwards.

ROSE CRYSTAL LYMPHATIC FACIAL

60 min. £165 / 90 min. £225

This rose infused facial improves circulation and lymphatic drainage, encouraging detoxification and natural radiance. Perfect for soothing sensitivity and improving firmness, leaving your skin balanced, toned and revitalised.

BEST OF BOTH

75 min. £185

Combine a back, neck and shoulder massage to alleviate muscle tension with a beautifully relaxing facial – your skin will feel renewed, soft and supple.

HYDRA EYE RENEWAL

45 min. £125

Wonderful for rejuvenating a tired eye area, this treatment uses the likes of medical grade oxygen to reduce the appearance of fine lines and wrinkles, leaving skin plump, smooth and radiant.

BODY & FACE RITUAL

90 min. £220

This top-to-toe ritual with salt scrub, seaweed mud wrap and powerful antioxidant facial will leave you feeling deeply cleansed and renewed, helping to kick-start the detox process for general wellbeing.



RESTORE

Nurture your body back to equilibrium with treatments that support deep healing and renewal. Using restorative techniques and nourishing ingredients, these therapies are designed to ease tension, replenish energy, and support your natural ability to heal from within.

INDIAN HEAD MASSAGE

45 min. £125

Focusing on the acupressure points in the shoulders, neck and head, this massage reduces stress and tension, leaving you totally relaxed.

UPPER BODY RELEASE

60 min. £165

Honing in on the back, neck, shoulders, arms, face and head, this highly targeted treatment aims to release common tensions of a busy life.

HERBAL POULTICE MASSAGE

60 min. £175 / 90mins. £230

Warm linen poultices filled with fragrant ingredients melt away aches and pains, relieving tension in both mind and body.

SWEDISH FULL BODY MASSAGE

60 min. £175 / 90mins. £230

Using targeted movements and a variety of techniques to relieve tension and aid relaxation

ROSE HYDRATING BODY WRAP

60 min. £175

Ideal for dry, sun exposed or mature skin, this floral body therapy involves a scrub, warm mud wrap, scalp massage, cream and body oil to leave your skin feeling plump, renewed, and deeply hydrated.

HAUTE COUTURE FACIAL*

60 min. £165

Designed to create a unique treatment for each client by addressing individual requirements. Visibly plumps and firms your skin using high percentages of active ingredients. Results can be seen with just one treatment.

HYALURONIC FACIAL*

90 min. £225

Using a fine sheet of freeze-dried hyaluronic acid for firmness and hydration, a single treatment can improve the skin's appearance, calm irritations, and boost moisture.

V-TOX COLLAGEN FACIAL*

90 min. £245

Earning its name, 'Botox in a bottle', V-Tox uses a botanical alga to restore the skin's elastin, collagen, and moisture levels, resulting in firmer, smoother and youthful looking skin.

**These facials include use of our oxygen machine, designed to increase the absorption rate of ingredients and leave a youthful, hydrated glow.*



RESET

Reawaken your senses and restore clarity with treatments focused on renewal and rejuvenation. Whether through holistic therapies, or invigorating massage, each experience is designed to bring you back into balance - mind, body, and spirit.

REIKI

60 min. £165

A gentle, focused yet powerful therapy channelling 'universal life force' energy to balance areas of stress and tension, leaving you feeling energised and relaxed.

DEEP TISSUE MASSAGE

60 min. £185 / 90min. £240

Releases deep tension and increases mobility with stretching and a firm touch.

DETOX CLEANSING SCRUB

60 min. £165

This revitalising and cleansing body treatment polishes, promotes detoxification and sculpts to improve microcirculation, hydrate skin and leave you feeling firmer and more uplifted.

ANTIOXIDANT FACIAL

60 min. £165

Packed with powerful ingredients ensuring rehydration and repair, this facial is ideal for the urban lifestyle. Lymphatic massage drains fluid from the face and sinuses, revealing bright glowing skin.

PRO FORMULA CRYO LIFTING FACIAL

60 min. £185

A combination of thermotherapy, cryotherapy, and lymphatic drainage with specialised cryo tools boosts skin circulation, reduces inflammation, and naturally lifts and contours the face.

THE NEWT MANICURE

60 min. £80 (with polish) / £85 (with shellac)

A luxury manicure to leave you with soft, nourished and beautiful hands and nails.

GENTLEMAN'S MANICURE

45 min. £70

A luxury manicure tailored to gents, to leave you with soft, nourished and beautiful hands and nails. Polish available on request.

THE NEWT PEDICURE

75 min. £100 (with polish) / £105 (with shellac)

A relaxing pedicure designed to leave you with pampered and hydrated feet.

GENTLEMAN'S PEDICURE

60 min. £80

A relaxing pedicure designed to leave you with pampered and hydrated feet. Your therapist will concentrate on areas of concern and finish with a foot and leg massage. Polish available on request.

*Existing gel polish removal available on request
for an additional charge.*

BOOKING INFORMATION

BOOKINGS

Bookings can be made by email on reservations@thenewtinsomerset.com or from your room through extension '0'.

Please allow 24 hours' notice for cancelling your appointment to avoid a 100% cancellation fee.

ARRIVAL

We suggest arriving 15 minutes prior to your booking. This allows you to get settled in and enjoy the full duration of your treatment.

TREATMENTS DURING PREGNANCY

We offer a selection of treatments that are tailored for specific needs during pregnancy. Please be aware that for your own health and safety we do not perform any treatments during the first trimester.

OPENING HOURS

SPA

Pool facilities at Hadsen House and Farmyard open daily 8am - 8pm
Spa treatments daily 9am - 8pm

FAMILIES

Our Farmyard pool welcomes families all day from 8am - 8pm
Family swimming times at our Spa: 9 - 10am, 1 - 2pm, 4 - 5pm
Children of nappy-wearing age must wear swim nappies at all times

GYM

Open daily 7am - 7pm
Scan below to view our class timetable



THE NEWT IN SOMERSET

