# ESTATE EXPERIENCES

Garden Tour

Influenced by thousands of years of horticultural history, take a guided stroll through acres of formal gardens with one of our gardeners.

Daily, 11am & 2pm Allow approximately 60 minutes Woodland <sub>Tour</sub>

Journey into ancient woodland guided by one of our expert rangers or woodspeople.

Wednesdays & Fridays, 10am Allow approximately 60 minutes

Deer Park Tour

Explore the Deer Park with one of our estate farmers, see the deer up close and maybe even help with their feed.

Daily, 11am Allow approximately 60 minutes

Estate Tour

Explore the hitherto hidden engine room of the estate – includes arresting views from the South Avenue, regenerative farming practices, tasting the Market Garden, and access to the mind-blowing futuristic butchery.

Tuesdays, Thursdays & Saturdays, 10am Allow approximately 60 minutes

The Story of Gardening

Dig into the history of gardening and explore the human impulse to shape beauty from the ground at our feet. Garden rooms and interactive exhibits transport you to gardens throughout time and place.

Autumn/Winter, 9:30am - 3:30pm Spring/Summer, 9:30am - 5pm Allow approximately 60 minutes

Roman Villa Experience

A ground-breaking archaeological and educational experience, unearthed from the grounds of our estate. Comprising an innovative museum and re-imagined 4th century Romano-British Villa, Villa Ventorum.

Daily, every 30 minutes Autumn/Winter, 10am - 2pm Spring/Summer, 10am - 3:30pm Allow approximately 2 - 2.5 hours

Beezantium

See the world from a bee's eye view. Set in the Apiary housing a selection of observation beehives, the Beezantium will change your understanding of our connection to these essential pollinators.

Daily, every 30 minutes, Autumn/Winter, 9:30am - 2:30pm Spring/Summer, 9:30am - 4:30pm Allow approximately 30 minutes

Cyder Tour & Tasting

Somerset is apple country, with the perfect soil and climate for growing apples and making cyder. Learn about the craft of cyder making and sample a drop or two in the Cyder Cellar, led by a member of the team who make it.

Daily, 12pm, 2pm, 4pm Allow approximately 45 minutes

Bee Safari

Take to the woods with a member of our bee team, learning all about our different bee colonies on the estate; from their natural habitats to a bee's life cycle and why honeybees swarm. Ends at the Beezantium.

Monday - Friday, 2:30pm Allow approximately 90 minutes

## ESTATE EXPERIENCES

Hot Air Balloon Experience

The most beautiful, exhilarating and peaceful experience outside of the Estate. Subject to weather conditions.

From March to September Times vary through the seasons Experience time 2.5 - 3 hours Additional charges apply Enquire Now

#### Cream Tea

Take a break after the day's adventures, and enjoy a selection of replenishing teas and freshly baked treats. Cream tea with scones is served in Hadspen Drawing Room, or seasonal cakes and cruffins are available in the Farmyard Garner Bar.

Daily, 3pm - 5pm

#### House Cellar



Hosted by our bee team and honey sommeliers, guests embark on a global tasting journey through the Honey Library of different flavours, aromas and anecdotes including some of the world's finest single varieties and honey from The Newt's own bees.

Mondays & Wednesdays, 4:30pm Allow approximately 60 minutes *Wine Tasting* 

Hosted by our wine sommeliers, we open the door to our wine cellar and guide you to sip and savour along in this informal group setting, sampling sips from our sister estates and hearing the stories behind their vineyards and cellars. For amateurs and aficionados alike.

Tuesdays, Thursdays & Saturdays, 4pm Allow approximately 60 minutes Additional charges apply

The Cyder Experience

An intimate, guided, one hour cyder tasting experience with one of the Cyder Cellar team. Showcasing cyders from Austria, through France, Eastern UK and into the West Country.

Fridays, 4pm Allow approximately 60 minutes Additional charges apply

### Wellbeing



Make yourself a priority and book a spa treatment with one of our skilled therapists. We have a wide range of face and body treatments, massages, and beauty services available.

Daily, 9am - 8pm, last bookings 6:45pm Additional charges apply View Treatment Menu

Hadspen Pool & facilities

Relax and unwind in the spa with its indoor lap pool, outdoor Hydro pool and wild pool, steam room, sauna and salt room.

Daily, 8am - 8pm (Family swim times 9 - 10am, 1 - 2pm, 4 - 5pm)

Farmyard Pool

Enjoy a splash in the indoor lap pool, swim a few lengths or a soothing soak in the Hydro Pool.

Daily, 8am - 8pm (No restrictions for families)

Wellness Classes

We run a weekly schedule of classes to move the body or calm the mind, from Hatha Yoga to HIIT, Pilates and breath workshops housed in our beautiful yoga studio.

Daily, various times View Studio Schedule Gym

Take a stretch in the Gym while overlooking the gardeners tending to the vegetables for your dinner plate.

Daily, 7am - 8pm PT, Additional charges apply

Cold Dips

An uplifting tonic for mind and body, plunge into the benefits of cold water exposure at our lake. Involves short warm-up, stretches and breathing exercises.

Mondays & Wednesdays, 9:30am Allow approximately 60 minutes

Forest Bathing

A walk based on the principles of Shinrin Yoku (this translates to forest bathing or forest immersion) which was developed in Japan in the early 80's. Studies that look into the health benefits of mindfulness and spending time in nature show lasting beneficial results for the immune system and mental health.

Sundays, 8am & Tuesdays, 3:30pm

Sound Healing

With origins around the globe using speciality instruments. Tuning into the body's energy and vibrations, to provide a peaceful and transformative experience.

Tuesdays, 5pm & Fridays, 3pm Allow approximately 60 minutes

# Eat & Drink

Botanical Rooms

Elegant and seasonal dishes inspired by - and gathered from - the estate.

Breakfast: 8am - 10:30am Lunch: 12:30pm - 2pm Dinner: 6:30pm - 9pm

Farmyard Kitchen

Wood-fired dishes perfect for sharing, cooked with flair in our open kitchen.

Breakfast: 8am - 10:30am Lunch: 12:30pm - 2pm Dinner: 6:30pm - 9pm

Garden Café

Farm-to-table dishes from a vegetable-led menu inspired by our gardens.

Breakfast: 9am - 11:30am Lunch: 12pm - 2pm

Hadspen House

Take tea in the Library, play croquet on the lawn or sip cocktails in the Bar.

Lunch: 12:30pm - 5pm Cream Tea: 3pm - 5pm Cocktails: 12pm - late Live Music: 6pm - 8pm The Creamery at Castle Cary Station

Hearty British classics served simply and generously next to Castle Cary station.

Breakfast (weekends): 8am - 11:30am Lunch (daily): 12pm - 3pm Dinner (Wed to Sat): 5pm - 9pm

The Story of Gardening

The perfect stop for tea, coffee and cake when strolling through the Deer Park.

Daily: 9:30am - 5pm in Summer Daily: 9:30am - 3:30pm in Winter

Cyder Bar

For takeaway bites throughout the day, from soups and pastries to hot drinks.

Daily: 9am - 6pm in Summer Daily: 9am - 4:30pm in Winter

The Hive

Enjoy light refreshments in a secluded spot at the Four Seasons garden.

Daily: 10am - 4pm

Garner Bar

Mix yourself a drink from our cocktail list and enjoy a sweet treat.

Drinks: 12pm - late Cakes & Cruffins: 3pm - 5pm

Gelateria

Taste our estate-made buffalo milk gelato, plus cold drinks and seasonal treats.

Daily: 10:30am - 6:00pm in Summer Daily: 10:30am - 4:30pm in Winter