

# BREAKFAST

*Served between 9 - 1130am*

## FROM THE BAKERY

Pain au chocolat <i>552kcal</i>	3
Croissant, seasonal jam, butter <i>540kcal</i>	3.5
Apple & cinnamon bun <i>473kcal</i>	2.5
Porridge, preserved autumn fruit, black bee honey, cream <i>611kcal</i>	6
Smoked bacon sandwich, brown sauce <i>785kcal</i>	9

## FROM THE ESTATE

### Bakery Breakfast

<i>Brioche French toast, set buffalo yoghurt, apple compote 495kcal</i>	8
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### Butchery Breakfast

<i>Smoked bacon, The Newt oxen pudding, traditional pork sausage, two fried eggs, baked stored beans, sourdough toast 984 kcal</i>	15
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### Garden Breakfast

<i>Estate mushrooms, glasshouse tomatoes, Sutton Brue, garden greens, sourdough toast 638kcal</i>	14
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### Estate Kitchen Breakfast

<i>Heritage seeded rye, apple gin cured trout, scrambled egg, crème fraiche, mustard and dill 509kcal</i>	14
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### Creamery Breakfast

<i>Two fried eggs, Hangop, fermented chilli butter, Waterlip, campfire toast 743kcal</i>	10
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All Newt bakery products are produced in a kitchen that handles celery, cereals that contain gluten, crustaceans, eggs, fish, lupin, milk, molluscs, mustard, peanuts, sesame, soya, sulphites & tree nuts. Please ask your host for allergen information. Recommended daily calorie intake for adults: 2000kcal per day. A 12.5% discretionary service charge will be added to your bill.

# BREAKFAST DRINKS

*Served between 9 - 1130am*

FRESH JUICES	<i>gls</i>
Orange Juice <i>33kcal</i> <i>freshly squeezed orange juice</i>	6
Rouge Juice <i>33kcal</i> <i>beetroot, apple, ginger, lemon, Aloe Vera</i>	6
O'fresco Juice <i>33kcal</i> <i>turmeric, apple, carrot, lemon, ginger</i>	6

## BREAKFAST COCKTAILS

Oranje Cocktail <i>Orange juice and Sprankel</i>	14
Bloody Mary <i>Glasshouse tomatoes, tabasco, Worcestershire sauce, celery, basil, rosemary - perfect with Black Cow Vodka</i>	
- with alcohol	14
- without alcohol	10

## TEA

English Breakfast*	2.90
Earl Grey*	
Chamomile	2.50
Fresh mint	
Green	
Honeybush*	
Rooibos*	
Darjeeling*	

## COFFEE

Americano*	3.10
Double espresso*	
Double macchiato <i>46kcal</i>	
Cortado <i>40kcal</i>	
Cappuccino <i>225kcal</i>	3.60
Latte <i>225kcal</i>	
Hot chocolate <i>334kcal</i>	
Flat white <i>150kcal</i>	3.80
Mocha <i>334kcal</i>	

\*0kcal or 33kcal when adding milk - based on cow's milk. Please ask your host for allergen information.

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