

BREAKFAST

Served between 9 - 1130am

FROM THE BAKERY

Pain au chocolat 552kcal	3
Croissant, seasonal jam, butter 540kcal	3.5
Apple & cinnamon bun 473kcal	2.5
Gluten free granola, yoghurt, summer fruits 623kcal	6
Smoked bacon sandwich, brown sauce 785kcal	9

FROM THE ESTATE

Bakery Breakfast

<i>Drop scones, bottled fruit, yoghurt, honey 437kcal</i>	9
---	---

Butchery Breakfast

<i>Smoked bacon, Fruit Pig black pudding, traditional pork sausage, two fried eggs, baked stored beans, sourdough toast 984 kcal</i>	15
--	----

Garden Breakfast

<i>Glasshouse tomatoes, scrambled egg, sourdough toast 492kcal</i>	12
--	----

Estate Kitchen Breakfast

<i>Heritage seeded rye, apple gin cured trout, scrambled egg, crème fraîche, mustard and dill 509kcal</i>	15
---	----

Creamery Breakfast

<i>Hangop, two fried eggs, fermented chilli, waterlip, campfire toast 782kcal</i>	11
---	----

All Newt products are produced in a kitchen that handles celery, cereals that contain gluten, crustaceans, eggs, fish, lupin, milk, molluscs, mustard, peanuts, sesame, soya, sulphites & tree nuts. Please ask your host for allergen information. Recommended daily calorie intake for adults: 2000kcal per day. *0kcal or 33kcal when adding milk - based on cow's milk.

A 12.5% discretionary service charge will be added to your bill.

BREAKFAST DRINKS

Served between 9 - 1130am

FRESH JUICES

gls

Orange Juice *33kcal*

4

freshly squeezed orange juice

Rouge Juice *33kcal*

4

beetroot, apple, ginger, lemon, Aloe Vera

O'fresco Juice *33kcal*

4

turmeric, apple, carrot, lemon, ginger

BREAKFAST COCKTAILS

Oranje Cocktail

Orange juice and Sprinkel

14

Bloody Mary

Glasshouse tomatoes, tabasco, Worcestershire sauce, celery, basil, rosemary - perfect with Black Cow Vodka

- with alcohol

14

- without alcohol

10

TEA

COFFEE

English Breakfast*

2.90

Earl Grey*

Chamomile

2.50

Fresh mint

Green

Honeybush*

Rooibos*

Darjeeling*

Americano*

3.10

Double espresso*

Double macchiato *46kcal*

Cortado *40kcal*

Cappuccino *225kcal*

3.60

Latte *225kcal*

Hot chocolate *334kcal*

Flat white *150kcal*

3.80

Mocha *334kcal*

*0kcal or 33kcal when adding milk - based on cow's milk. Please ask your host for allergen information.

Recommended daily calorie intake for adults: 2000kcal per day.

A 12.5% discretionary service charge will be added to your bill